

# VOICES That Heal



## VOICES That Heal: Music in a Time of Change

*Sponsored by Winston J. Willis  
in loving memory of his wife, Barbara Willis*

Originally aired Tuesday, December 15 @ 11:00 a.m.

Hospice Savannah is proud to partner with the Savannah VOICE Festival to present a series of informative “listening labs” featuring songs and music from various genres which comfort, soothe and heal the soul. This listening lab features the Festival’s Education and Outreach Coordinator, Chad Sonka, and our former Certified Music Therapist, Sara Breyfogle MS, LPMT, MT-BC.

### **Song Selections**

#### **0:25 - We Have a Voice** by Scott Joiner

Scott Joiner, tenor and piano

Video provided by artist with additional edits by Theophilos Z. Milnes and Maria Zouves

#### **9:04 - Pysché** by Émile Paladilhe

Hanna Atsedewoin, soprano

Milnes VOICE Studio Artist

Photos provided by artist | Video edited by Theophilos Z. Milnes

#### **15:21 - A Change is Gonna Come**

Written and performed by Sam Cooke

#### **19:58 - Trouble in Mind** by Richard M. Jones

Liz Lang, soprano

Michael Ferrara, percussion

Dom Frigo, guitar

Video provided by artist with additional edits by Patrick Joel Martin

#### **25:09 - Children “Art” Our Future**

Esther F. Garrison School of Visual and Performing Arts | Aysha Parks, principal

Video edited by Zach Dennis

#### **27:58 - Yueren Fairy Tale**

Nan Qin, bass-baritone

Lili Qin, piano

Video edited by Maria Zouves

**32:28 - Letter to a Young Artist** by Patrick Vu

Jonathan Walker-VanKuren, tenor

Patrick Vu, piano

Video provided by artist

**38:39 - Shenandoah** Arr. Celius Dougherty

Chad Sonka, baritone

Justin Havard, piano

Artwork provided by G.C. Konstantinidis

Video edited by Maria Zouves

**43:20 – Music Meditation Exercise**

**Biographies**

**Chad Sonka** is establishing himself as a versatile American baritone, teacher, and director. He was a featured artist with the Franklin County Young Artists Festival this spring. Most recently, he performed as the baritone soloist in Vaughan Williams' *Dona Nobis Pacem* at Carnegie Hall with Iowa State University and Mahler's *Kindertotenlieder* with Oneota Valley Community Orchestra. Previous performing credits: *Tosca* (Scarpia – cover) with Central City Opera; *Gianni Schicchi* (Marco) with Savannah Music Festival; *Man of La Mancha* (Don Quixote) and *Carmen* (Dancaïro) with Cedar Rapids Opera Theatre; *The Mother of Us All* (Virgil T.), *The Rape of Lucretia* (Junius), *Faust* (Wagner), *Elijah* (Elijah) with Manhattan School of Music; and *Amahl and the Night Visitors* (King Melchior) with Nevada Opera. He was the first-place winner of the Metropolitan Opera National Council Auditions – Iowa District in 2017. Chad is an active voice teacher and director and currently serves on voice faculty at Iowa State University. He is also the Education and Outreach Coordinator with Savannah VOICE Festival and VOICEexperience. Directing credits include multiple scenes programs, *Cendrillon* (Viardot), *Hansel and Gretel* (Humperdinck), *The Little Prince* (Portman), *Dido and Aeneas* (Purcell).

**Sara Breyfogle, MS, LPMT, MT-BC**

Sara is a board-certified music therapist, licensed to practice music therapy in the state of Georgia. Sara holds a master's degree in music therapy from Radford University (2016) and a bachelor's degree in music therapy from Appalachian State University (2012). She is also a registered yoga instructor through Yoga Alliance and a Reiki Level II practitioner. She is currently pursuing advanced music therapy practice in the Bonny Method of Guided Imagery and Music.

She provides compassionate service to Hospice Savannah patients and bereavement clients using her talents in music therapy, meditative chant, and relaxation techniques. Her goal is to work collaboratively with healthcare professionals as well as the broader community to increase access and awareness to music therapy services.